

WHAT TO EXPECT – when you visit our wellness centre

1. Initial Visit
2. Report of Findings Visit
3. Wellness Care Program Visit
4. Casual Care Visit
5. Progress Examination
6. Recommence Care
7. Referrals

1. Initial Visit

- i. We will gather information about your current situation, overall health, life history, work life and home life. All of which we help us to discover the underlying cause of any lack of optimal health and wellness.
- ii. We will begin an education process to help you better understand you, your body, nervous system, emotional patterns, detrimental habits and overall wellbeing.
- iii. Philip Morphew will then begin a conversation with you and conduct a thorough examination (*physical, emotional, nervous system, computer testing and x rays if needed*) to determine if we are able to help you.
- iv. Should Philip determine that you are not suitable for his work or we are unable to assist you we will make recommendations for a referral to another type of practitioner.
- v. If we decide that you are suitable for the type of care Philip provides we will organise a follow up appointment (Report of Findings) where Philip will explain your options, care recommendations and begin the process of optimizing your wellbeing.

**Please note that we do not accept all cases that present for an initial visit at the centre.*

2. Report of Findings Visit

- i. Your initial visit helped us identify the potential underlying causes of your current health and wellbeing challenges.
- ii. Will continue the education process to further inform you about your body, how it works, what happens to your nervous system when it is under stress or bombarded by chemical, environmental, emotional, physical irritants.
- iii. We have given due consideration to your case and will share with you our recommendations for your recovery and how to maintain, enhance and revitalise your future wellbeing.
- iv. We will give you our care plan and wellness program outline and will help you make your appointments to begin the recovery process.
- v. Philip Morphew will begin care and continue to bring the best of his extensive, knowledge, training and wisdom to each visit.

**Please note to get the best results from the care we given it is best to follow the recommendations that you are given – be consistent, be on time and be ready to help yourself.*

3. Wellness Care Program Visit

- i. Wellness Care visits are scheduled on a regular basis to regain mobility, improve nerve flow, enhance energy levels, clear emotional pattern build up and improve your vitality.
- ii. You will be checked for; misalignments in your spine, imbalance within your body, emotional patterns, energy blockages to ensure that you are “in tune”.
- iii. Philip may also give you wise counsel, advice or guidance that will help you navigate relationships, work, study and everyday life.
- iv. Consistency is the key to getting great results – the choice is yours, make a wise choice.

**Results have shown over the past 20+ years that people who follow through with their programs save money, time, energy and future loss of wellbeing.*

4. Casual Care Visit

- i. Casual care visits are for those people whose overall wellbeing is not a high priority – they tend to be short term symptom orientated patients.
- ii. We acknowledge that some people live day to day and look after their health the same way.
- iii. We will still provide the best care we can in the allotted visit.
- iv. We do not guarantee the longevity of any outcome as we are cannot address the core cause of the problem – only the surface symptoms.

**This is not our preferred way of caring for our clients- however we honour the choice of the individual*

5. Progress Examination

- i. Progress examinations or update exams are conducted to assess the state of the underlying condition, how embedded the core issues are, structural alignment, nerve flow, level of energy congestion within the body of our client.
- ii. These occur on average every 10 – 12 visits.
- iii. Include a computerized spinal and nervous system test, mobility assessment and can include updated x-ray films (initially after the first 12 months and then at 24 month intervals).
- iv. The progress examination gives us a clear indication of the next phase of our care program. This will then be shared with you by Philip Morphew.

**This helps us give you the best care we can give and to help assist you to the results you desire.*

6. Recommence Care

- i. If a patient has lapsed in their care for a period of 6 months or more then a recommence care visit will apply.
- ii. This is to thoroughly assess any shift, change or altered patterns within the patient and their life since their last visit.
- iii. The patient will be computer tested and be re examined.
- iv. Should the situation require there may be updated x-rays.

7. Referrals

We will refer clients when necessary to our trusted co-care practitioners that includes; naturopaths, homeopaths, massage therapists, bowen therapists, kinesiologists, medical doctors and medical specialists when we believe further care or co-care is required.