

## Why People Seek Our Care



### Subtle Signs that you may need our help are:

feeling out of tune with life, stressed, loss of normal body function, tiredness, loss of vitality, stored emotional burden, recurrent colds, flu, tonsillitis, glue ear, breathing challenges, bowel dysfunction, period problems, fertility challenges, frustration, anger, sadness, lowered self esteem, cloudy thinking to name just a few of the subtle signs.